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23 Mobile Home Lot/Space 27 Trucks for Sale 28 Cars for Sale 30 Repairs & Services

Trailer space for rent. Shade trees, nice location. Call 234-2811.

24 Acreage for Sale or Rent

Country Living State owned repo land; Colorado County, 10 Acres homestead; corner property; 7 miles north of Sheridan off Hwy. 90-A on County Road 273. \$150/month. Mon.-Fri. 9 to 5, 1-800-275-REPO (agent).

20 Houses for Sale

FANTASTIC! 2-1 Starter home in the 20's; on 1/2 acre. Call 409-234-5086 after 5 p.m.

25 Real Estate

Eagle Lake Ice House Building and three lots for sale. Serious inquiries only. Call 234-2876. If no answer, leave message.

Classified deadline: 5 p.m. Monday.

Did you know...

To keep rolls hotter longer, put a piece of aluminum foil in the basket under the napkin.



By Dr. Eric R. Tepper, Podiatrist

TARSAL TUNNEL SYNDROME

Due to the high profile of tennis players' problems and the increasingly common plight of computer keyboard operators, many people have heard of carpal tunnel syndrome. A similar condition called tarsal tunnel syndrome can affect the foot in much the same way. In both cases, nerves are pinched, often resulting in numbness, burning, tingling, and swelling. In tarsal tunnel syndrome, symptoms tend to occur on the inside of the arch and bottom of the foot, with pain increasing at night. Treatment ranges from an orthotic to control heel movement, to a cast or splint, to even surgery. While elastic support stockings may feel good and provide support, they don't address the cause of the discomfort.

Looking for the cause of the nerve impingement and treatment of that root cause will certainly be the most effective route to recovery. Please call my office for further information or for an appointment, at the Eagle Lake Community Hospital at 409-234-5571. I am there the first and third Tuesdays of the month. As a family practice, I offer comprehensive diagnosis and treatment of foot problems, as well as preventative foot care direction. Happy Valentine's Day!

P.S. People who suffer from Rheumatoid arthritis or diabetes mellitus are particularly prone to tarsal tunnel syndrome.

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Winter row crop meeting set for Monday

Everyone is aware of the need to obtain recertification hours to maintain a private applicator license or certificate.

The Colorado County Extension Service row crop committee has scheduled a Winter Row Crop Meeting that will be beneficial to producers as well as give them the opportunity to earn CEUs. The training will be Monday, Feb. 15, beginning at 6:30

p.m. in Garwood at the Lehrer Interests Meeting Room.
The program will be presented by Dr. Bart Drees, Extension entomologist. He will discuss insects affecting

Ag producers to get training Tuesday

A recent change in Texas Department of Agriculture pesticide regulations require ag producers, who use limited use or state restricted use pesticides, to obtain continuing education units (CEUs) in order to maintain their private applicator's certificate or license.

The Colorado County Extension Service livestock committee has scheduled a training meeting Tuesday, Feb. 16, to deal with pesticide, herbicide and fungicide. The meeting will begin at 6:30 p.m. at the St. Michael's Family Center in Weimar.

M-G Inc. is a co-sponsor of this educational event.

A representative of the Texas Beef Industry Council will also give participants an update on the Beef Check Off Program. There is no charge for the training.

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New Medicine for Migraine Headaches

In December, the U.S. Food and Drug Administration approved sumatriptan (Imitrex by Glaxo) injection, a new type of medicine for the treatment of migraine headache attacks. According to the manufacturer, it is anticipated that the injection will not be available for general use in the United States until late March. The oral tablet form of the drug is still being evaluated. Sumatriptan works at serotonin receptors in the brain. The primary effect is constriction of dilated cranial arteries. It is thought that the dilation of these arteries is responsible for migraine headaches.

In a large study of over 600 patients, a single 6 milligram injection of the drug under the skin produced headache relief in 50 percent of those in the study group within 30 minutes; in 70 percent in 60 minutes; and in approximately 90 percent of patients within two hours. In addition, those in the study group experienced improved relief of other migraine symptoms such as nausea and vomiting. The most frequently reported side effect of the injection has been redness and pain at the injection site.

Sumatriptan injection will be distributed in single-dose vials and a self-dose system with an injector and prefilled syringes. Instructions will be provided so that patients can give their own injections. The drug is not recommended for prevention of migraine.

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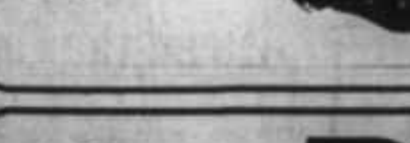
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